

EMPOWERING OURSELVES

Once again we have an illustration to share, this one created by Valerie Ward specifically for the International Making Cities Livable (IMCL) conference on the “10 minute walkable city – to once again *make the invisible visible*.

Together we can make a difference!

Encourage New Members!

**We can advocate more effectively
 the larger our Alliance is.**

Invite friends and family to join!

Report on the ICML Conference

The conference presentation on HMD and Community Participation was well received despite the conference focus on limiting car usage and on-street parking. The general response was one of recognizing the need for balance of needs and inclusion.

Four municipalities and three design professionals expressed interest in working with us on urban design principles and audit guidance to ensure that the built environment enables persons with hidden mobility disabilities.

If you have any experience in urban design, architecture, engineering, or related disciplines and would like to be part of this ground-breaking work, please let the Alliance know.

Musings on Community Participation

At the ICML Conference, I became even more aware of the importance of serendipitous social connections as part of overall well-being. I know plenty of people and can phone or email or invite them over (and visa versa). But I miss the chance encounters with strangers that I use to experience when I was able to walk around my neighborhood. Do you? **Share the strategies you use to keep from becoming socially isolated.**



**Is this really a
 “walkable” city?**

Educate others!

Visual cues are excellent for self-advocacy & to educate others. Order [Hannah’s HMD buttons](#).

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**12 Core Members
 95 Supporting Members**